

SUBJECT: We've officially kicked off Kids Heart Challenge!



Hello Cresthaven Elementary School Families,

We are officially kicking off our **Kids Heart Challenge** with the American Heart Association on January 13th, and we need your help getting your student registered online! Over the next few weeks students will be learning about heart health and raising awareness for the American Heart Association.

Our school's goal is for every student and family to know Hands-Only CPR and the warning signs of a stroke and completing Finn's Mission!

PARENTS – HERE'S HOW TO GET STARTED

Step 1. [Click here](#) to register your student on our school page or **download** the **AHA Schools app** for [iPhone](#) or [Android](#) to search for our school.

Step 2. Consider making a personal donation and be sure to complete Finn's Mission.

Step 3. Watch and send the CPR video to family and friends, sharing the lifesaving skills of Hands-Only CPR and the warning signs of a stroke. It will also allow them to make a personal donation to your student!

School Incentives:

Students who raise \$30 in lifesaving donations will get to join the POPSICLE PARTY with Coach!

Why we support the American Heart Association: When cardiac arrests occur outside of the hospital, bystanders only respond 40% of the time. 75% of cardiac arrests occur **in the home**. Providing Hands-Only CPR **immediately** can double or triple a person's chance of survival.

Thank you for joining us and helping our community!